



Environment  
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## When thunder roars, GO INDOORS!



**1**

Take appropriate shelter,  
either in a house or a  
metal-roofed car.

**2**

Remain sheltered for  
30 minutes after the  
last rumble of thunder.

Canada 

## Lightning Safety Tips

[www.ec.gc.ca/foudre-lightning](http://www.ec.gc.ca/foudre-lightning)

**There is no safe place outdoors during a thunderstorm.**

**If caught outside, stay away from tall objects** such as trees, telephone poles, wires and metal fences. Take shelter in a low-lying area.

**During a thunderstorm, if caught on the water in a small boat, quickly get to shore.** A boat with a cabin offers better protection, but it is still not ideal.

**Stay away from objects inside that conduct electricity**, such as electrical appliances, electrical equipment or water pipes.

**People who have been struck by lightning do not carry an electrical charge.** They can be safely handled and require medical attention immediately, including CPR.