



EMPLOYMENT OPPORTUNITY

POSITION TITLE:	PS1/PS2 Sport Therapist	Posting Date: Monday, January 27, 2025
DEPARTMENT:	Performance Services	Application Deadline: Thursday, February 6, 2025 11:59 AM (EST)
REPORTS TO:	CSIO Manager, Health Solutions	
LOCATION:	Toronto Pan Am Sports Centre 875 Morningside Avenue, Suite 100, Toronto, ON (frequent travel required)	
REMUNERATION:	PS1 = \$50,000 - \$52,000 per annum + benefits PS2 = \$60,000 - \$63,000 per annum + benefits	Interview Date: February 12, 2025 (TBC)

Organization

The Canadian Sport Institute Ontario (CSIO) is committed to providing best-in-class, multi-sport daily training environments for athletes and coaches through expert leadership, services and programs.

Our Purpose is Elevating people and performances

Our Values are Commitment, Synergy, Integrity, Openness

Performance Services Core Objectives

The Performance Services business unit contributes to CSIO's goals in the following ways:

- Recruitment, development, and retention of Performance Sciences (Sport Science and Sport Medicine disciplines), Research & Innovation Leaders & Practitioners
- Delivering best-in-class Performance Solutions for National & Provincial Sport Organizations (NSOs & PSOs)
- Delivering Partnership Management, Service Agreements, and Quality Assurance measures for our NSO performance partners
- Supporting a practitioner development pathway in alignment with Sport Scientist Canada (SSC)

Position Summary

The PS1/PS2 Sport Therapist is a full-time practitioner role at CSIO, providing best-in-class support for targeted athletes and coaches in the training and competition environments, focusing on assessment, prevention, treatment and rehabilitation of injury. The PS1/PS2 Sport Therapist works closely and collaboratively with NSO and PSO coaching staff and other Sport Science and Sport Medicine professionals as part of the Integrated Support Team (IST), to deliver holistic care to athletes.

The successful candidate will demonstrate technical ability and understanding of sport therapy, the ability to work collaboratively as part of a team, and a passion for high performance sport every day to support performance enhancement and help athletes and coaches to thrive.

Responsibilities

Support

- In collaboration with the coaching staff, develop and deliver sport therapy support in the daily training environment
- Conduct baseline musculoskeletal assessments of athletes to assess health and physical condition
- Foster effective working relationships with sport coaches and technical leaders to understand and influence sport program goals and culture
- Attend and provide comprehensive support at identified competitions and training camps
- Prepare emergency action protocols for injury during practice, outlining how to facilitate contacting ambulance should injuries occur
- Develop treatment plans based on clinical assessment, diagnostic imaging, and other consultations
- Deliver evidence-informed therapy including manual therapies and other modalities.
- Manage immediate and longer-term rehabilitation of athletes (maintain accurate and up to date electronic medical records (EMR), assist in coordinating specialist appointments and consultations)
- Evaluate current research to broaden your knowledge of the sport as well as general knowledge of trends and findings within sport therapy discipline(s)
- In collaboration with the IST and coaching staff, conduct, commission and collaborate on research and innovation projects to further the discipline
- Provide comprehensive feedback (presentations, publications, report) of results and interpretation to athletes, coaches and IST members as required
- Work using a collaborative approach to tackle sport specific challenges and questions
- Consult and refer specific athlete issues to relevant practitioners within the IST

Company

- Oversee the maintenance of sport-therapy equipment
- Conduct inventory of supplies such as tape, band aids, gauze and contributing to order planning by notifying Manager, Health Solutions when supplies are depleted
- Maintain an accurate record of work conducted
- Adhere to any professional codes of conduct appropriate to the profession or other codes of conduct that might be deemed applicable to sports science and sports medicine practitioners in general
- When appropriate, support Sport Therapy Practitioners in the daily training environment and remotely
- Be an active member of CSIO by participating in and/or presenting at staff meetings, other meetings and seminars as required
- Maintain a proactive approach to personal professional development and actively participate in CSIO professional development programs and processes
- Work with mentors to identify technical gaps and actively engage in skill development in all performance science disciplines (physiology, biomechanics, data science, therapy, nutrition, etc.)
- Undertake any other reasonable duties as requested

Relationships

- CSIO Performance Services Team
- CSIO Corporate Services Team
- CSIO Performance Pathways Team
- CSIO CEO, Directors and Managers
- CSIO All Staff
- National & Provincial Sport Organizations
- IST Members
- Athletes & Coaches
- Canadian Olympic & Paralympic Sport Institute Network

QUALIFICATIONS AND SKILLS

Required Experience, Qualifications and Skills

- Athletic Therapist
 - Certified Athletic Therapist with Canadian Athletic Therapists Association (CATA)
- OR
- Physiotherapist
 - Working towards or has achieved Certificate or Diploma with Sport Physiotherapy Canada
- OR
- Chiropractor
 - Working towards or has achieved Fellowship with Royal College of Chiropractor Sport Science – Canada
- OR
- Registered Massage Therapist
 - Working towards or has achieved Fellowship with Canadian Sport Massage Therapists Association
- AND
- Undergraduate Degree in health sciences, kinesiology, or related field
 - In good standing with the respective governing body
 - Professional liability insurance

- **PS1** = minimum of 1-3 years' experience working in a high-performance sport environment (including Provincial and National Competitions);

PS2 = 3+ years of experience working in a high-performance environment (including National and International Competitions)

- Experience working in a field environment for sport event coverage
- Sport First Responder Certification
- Experience developing and implementing injury prevention routines for athletes
- Experience working with youth athletes (12-18 years)
- Eligible to work in Canada
- Vulnerable Sector Screening at time of hire

Desired Experience, Qualifications and Skills

- High Performance Certification with Sport Scientist Canada at the Practitioner level (or working towards)
- Excellent written and interpersonal communication skills
- Ability to work in a fast-paced environment with a high degree of independence and initiative
- Experience with database software and basic data management procedures for injury tracking and surveillance purposes
- Knowledge of the Canadian Sport System is an asset
- Background as a high performance coach or athlete is an asset
- Bilingualism is an asset

Position Attributes and Behaviors

- Demonstrates proficiency in setting realistic goals and determining priorities when working with athletes and within a team environment
- Ability to tackle both mundane and challenging tasks with eagerness
- A person-first leadership style
- Ability to work in a fast-paced environment with a high degree of independence and initiative
- Excellent team building skills and the ability to be flexible and adjust to changing priorities
- Excellent written and interpersonal communication skills.
- Service and results orientation with the ability to balance sport needs and goals with those of CSIO
- Personal credibility, honesty, integrity, and ability to handle pressure and stress appropriately
- Commitment to personal growth and professional development
- Excellent organizational and planning skills

Interested applicants should submit their resume and cover letter (in one PDF document) to:

**Search Committee,
Canadian Sport Institute Ontario
E-mail: careers@csiontario.ca**

The Canadian Sport Institute Ontario is committed to creating an inclusive and diverse work environment and is proud to be an equal opportunity employer. All qualified applicants will receive consideration for employment without regard to race, ancestry, place of origin, colour, ethnic origin, citizenship, creed, sex, sexual orientation, age, marital status, family status or disability.

Accommodation is available on request for candidates taking part in all aspects of the selection process.

We thank all applicants for their interest, however, only those selected for an interview will be contacted.