

Inclusion in sport



Resources and training to support the inclusion of women, girls and 2SLGBTQI+ athletes in sport

If you or your organization have or know of any resources you think should be added to this list, please send them to research@sirc.ca.

2SLGBTQI Sport Inclusion: Playbook on breaking down barriers from Egale. <https://egale.ca/awareness/sports-inclusion-playbook/>

A Coach's Guide: LGBTQ12S Inclusion from Coach NB. <http://coachnb.ca/wp-content/uploads/2022/06/v2.0-Coachs-Guide-LGBTQ-Inclusion.pdf>

Creating Inclusive Environments for Trans Participants in Canadian Sport from Canadian Centre for Ethics in Sport. <https://cces.ca/sites/default/files/content/docs/pdf/cces-transinclusionpolicyguidance-e.pdf>

Engaging Newcomer Girls & Women from Canadian Women and Sport. <https://womenandsport.ca/resources/publications/engaging-newcomers-handbook/>

Gender Equity LENS e-learning module from Canadian Women and Sport. <https://womenandsport.ca/learning-opportunities/e-learning/gender-equity-lens/>

How coaches and sport organizations can create a better experience for LGBTQ+ youth from SIRC. <https://sirc.ca/blog/sport-experiences-for-lgbtq-youth/>

In Your Corner (Hosted by Mark Tewksbury) from Egale. <https://egale.ca/egale-in-action/inyourcorner/>

Inclusion in Sport Coaching Resource from viaSPORT BC. [https://viasport.ca/wp-content/uploads/2023/05/LGBTQ12S Inclusion in Sport Coaching Resource 05-26.pdf](https://viasport.ca/wp-content/uploads/2023/05/LGBTQ12S%20Inclusion%20in%20Sport%20Coaching%20Resource%2005-26.pdf)

Inclusive language Starts with You from Coaching Association of Ontario. <https://safesport101.coachesontario.ca/wp-content/uploads/2020/10/Safe-Sport-101-Inclusive-Language.pdf>

Inclusive Ticketing from You Can Play. https://drive.google.com/file/d/1i_xRj9Y8VLCssUFpe6d9eEgn18iPGWac/view

LGBTQ+ inclusion in sports from Sport and Dev. <https://www.sportanddev.org/latest/news/lgbtq-inclusion-sports#:~:text=Every%20locker%20room%20should%20have,that%20matches%20their%20gender%20identity>

Leading the way: 2SLGBTQ+ Inclusion in Sport workshop from Canadian Women in Sport. <https://womenandsport.ca/learning-opportunities/presentations/lgbtqi2s-inclusion-in-sport/>

Leading the Way: Working with LGBTQ Athletes & Coaches from Canadian Women in Sport. https://womenandsport.ca/wp-content/uploads/2020/03/Leading-the-Way_Full-Resource_Canadian-Women-Sport.pdf

LGBTQ+ 101 Key Terminology from You Can Play. https://drive.google.com/file/d/1ev3bHYeQ0jddQR_oPk1I7RwrZbuuja-g/view

Pronouns Checklist from You Can Play. <https://drive.google.com/file/d/1Se-ClwJt6vGU-H6PY6dXsVKE1qt61wRE/view>

Retention Workshop from Canadian Women in Sport. <https://womenandsport.ca/learning-opportunities/presentations/long-term-development-for-women-and-girls/>

Shaping inclusive sport policy and programs from SIRC. <https://sirc.ca/blog/shaping-inclusive-sport-policy-and-programs/>

Signals vs. Noise: Gender Equity in the Canadian Sport from SIRC. <https://sirc.ca/blog/signals-versus-noise/>

Social Media Best Practices from You Can Play. <https://drive.google.com/file/d/1kCYy9jmilLwJvqJLr082HuQ4CufW2jx9/view>

The Rally Report: Encouraging Action to Improve Sport for Women and Girls from Canadian Women and Sport. <https://womenandsport.ca/resources/research-insights/rally-report/>

Trans Inclusion: Guidance for NGBs by Women in Sport. <https://womeninsport.org/creating-change/policy-positions/transgender-inclusion-sport/transgender-inclusion-womens-sport-ngb-guidance/>

Understanding the capacity of national sport organizations (NSOs) for gender equity: Recommendations for NSO Leaders and Policy Directors from SIRC. <https://sirc.ca/blog/capacity-nsos-gender-equity-recommendations-leaders-policy-directors/>