

# The new Consensus statement on concussions in sport: What it means for sport leaders in Canada?

## Impact on sport policies, protocols and education

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# Key questions

- How are international updates adapted for the Canadian context?
- What changes will sport organizations need to make?
- What resources and supports are available for sport organizations?

# Adaptation to the Canadian context



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## Government of Canada Invests in Updating the Canadian Guideline on Concussion in Sport and other key concussions resources

From: [Public Health Agency of Canada](#)

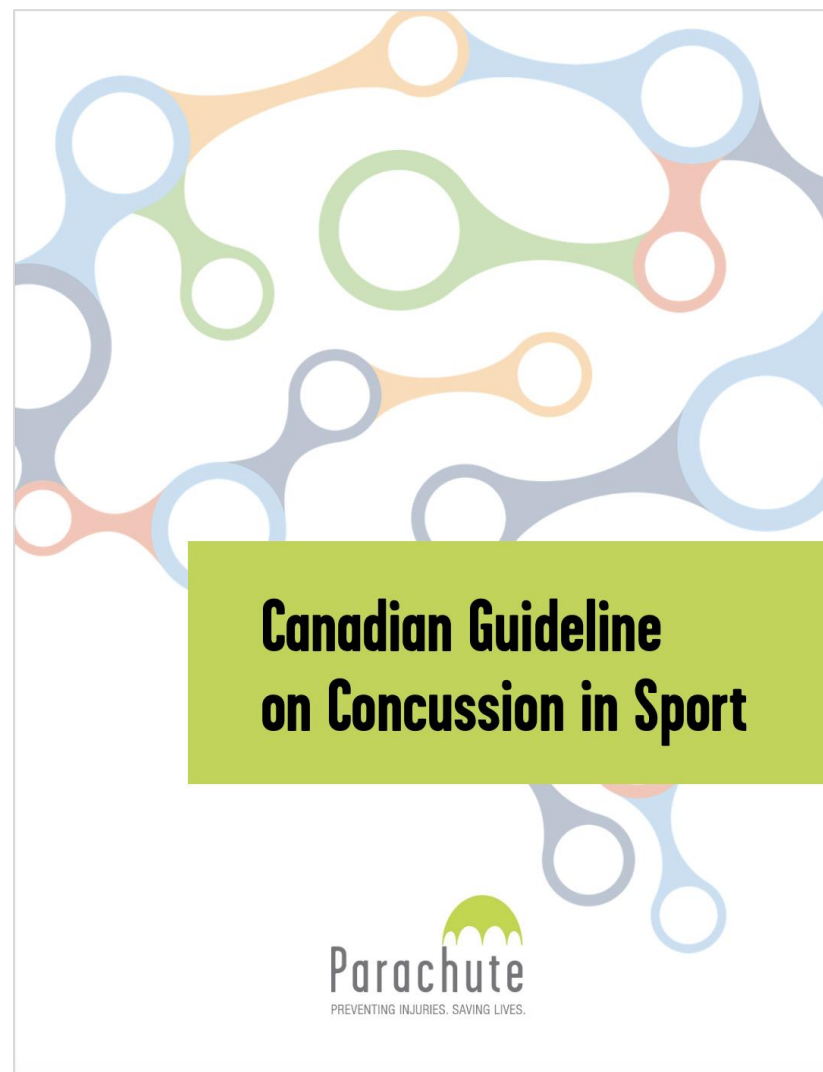
### News release

Dec. 5, 2023 | Ottawa, ON | Public Health Agency of Canada

Too many children and youth experience concussions during sports and recreation activities, sometimes with tragic outcomes. To address this important public health issue, the Government is continuing to invest in concussion prevention, detection and management.

*Note: The views expressed in this presentation do not necessarily represent the views of the Public Health Agency of Canada.*

# Canadian Guideline on Concussion in Sport, 2<sup>nd</sup> edition



- Pre-season education
- Head injury recognition
- Onsite medical assessment
- Medical assessment
- Concussion management
- Interdisciplinary concussion care
- Return to sport

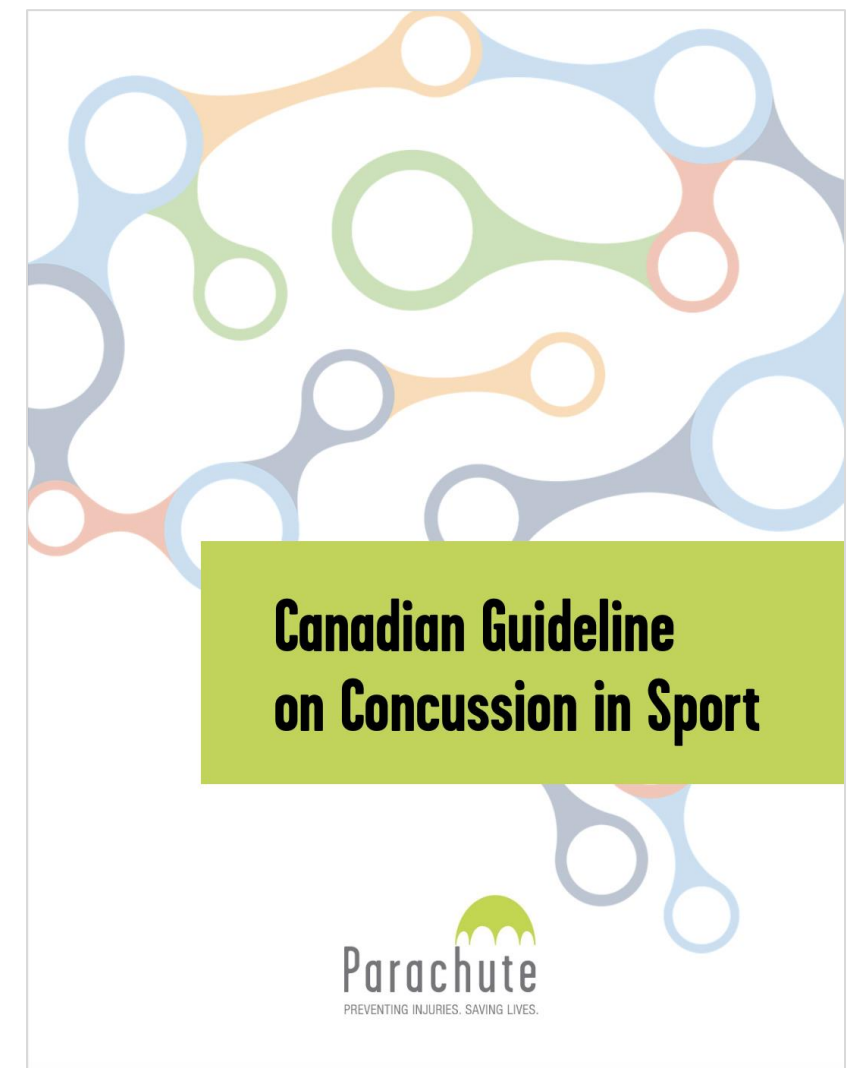
# Canadian Guideline on Concussion in Sport, 2<sup>nd</sup> edition

## New:

- Considerations for athletes with disabilities
- Prevention

## Updates:

- Concussion management (stages for return to school and sport)
- Tools (e.g. CRT6)



# Changes for sport organizations

## **Update organizational documents:**

- Update your concussion protocol
- Review and update your concussion policy, as necessary
- Update associated forms, documentation, etc.

# Changes for sport organizations

**Update information and resources**, such as information on your website, education sheets, training/presentations.

**Communicate changes** broadly.

# Resources and supports

- Updated harmonized protocol template, with:
  - Medical assessment and clearance letters
  - Pre-season education sheet
  - Return-to-sport strategy adaptation tool
- Summary of changes from 2017 harmonized protocol



# Resources and supports

- Webinar opportunities for:
  - NSOs/MSOs
  - All levels of sport, as well as other sectors
- NSOs/MSOs will receive one-on-one support from Parachute, as needed
- All resources and tools will be available on [parachute.ca](https://parachute.ca)

# Where is your starting point?

## **If you:**

Have a harmonized concussion protocol  
(2017 or later)

## **Then:**

Simply make the recommended changes as  
specified

# Where is your starting point?

## **If you:**

Have a concussion protocol from before 2017,  
or not harmonized

## **Then:**

Review the recommended changes and  
identify what updates are needed OR use the  
new harmonized protocol template

# Where is your starting point?

**If you:**

Do not have a previous concussion protocol

**Then:**

Use the new harmonized protocol template

# Thank you

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