

First Nations and Partnerships

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Land Acknowledgement



Welcome!

- Introduction
 - My journey
 - Overview of an approach
 - Specific Examples
 - Next Steps

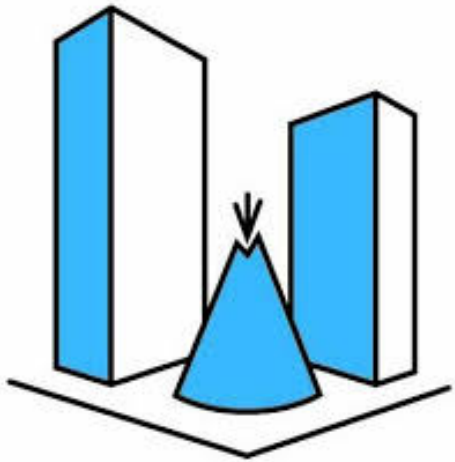
Personal Background





OFIFC

Ontario Federation of
Indigenous Friendship Centres





Carleton
University



INNOVATION
Canada Foundation
for Innovation

Fondation canadienne
pour l'innovation



Wawanesa
Insurance



FNMHF

FIRST NATIONS
MARKET HOUSING FUND



CSA
GROUP

Principles of Partnerships

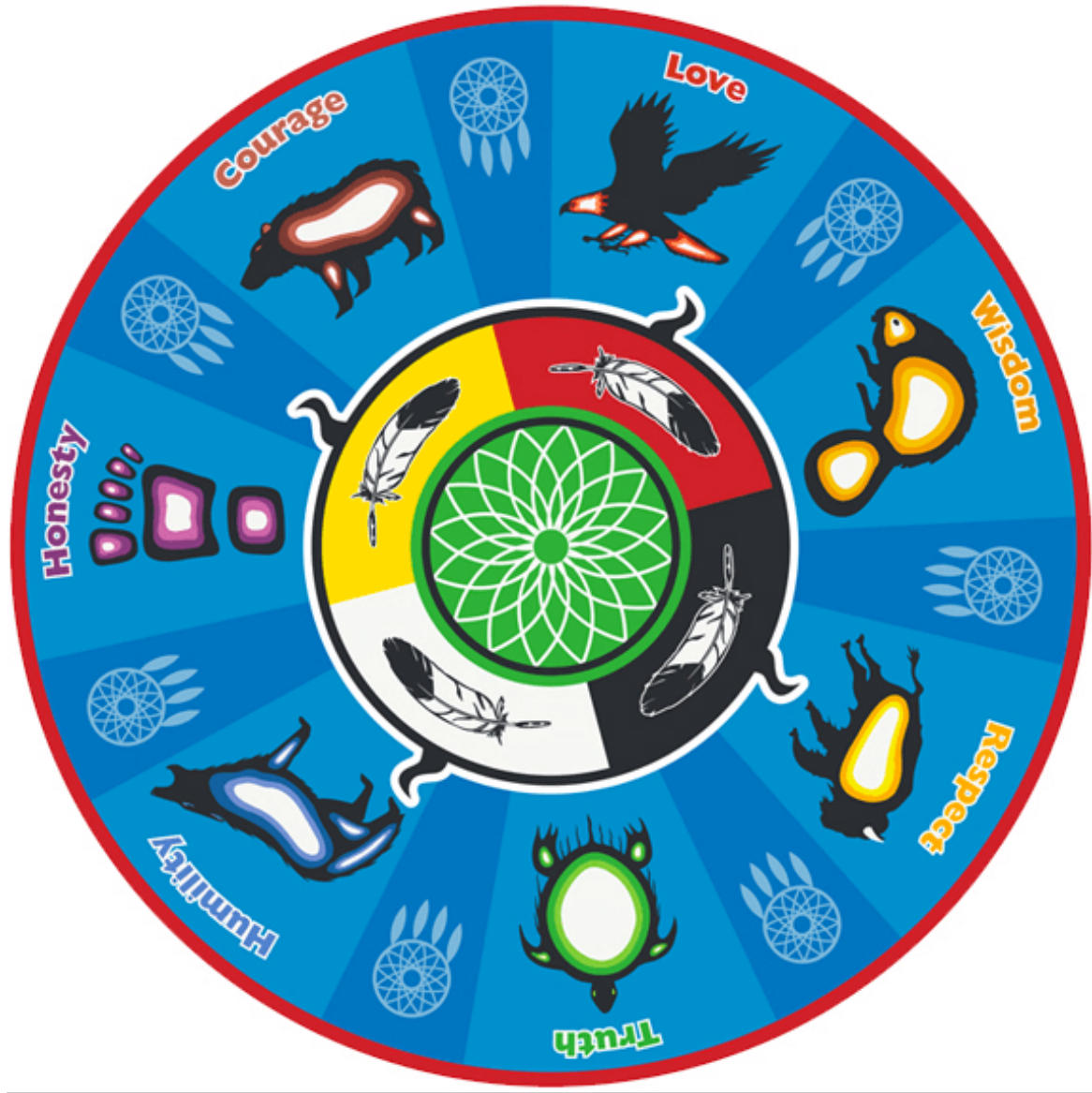


What this is not

- Legal obligations exists for many engagements that impact rights
- Duty to Consult and Accommodate - Two Supreme Court cases in 2004 (Haida, Taku) enshrined certain responsibilities for projects
- United Nations Declaration on the Rights of Indigenous Peoples – Free, Prior and Informed Consent

General Principles

- Benefit
 - Savior
 - Exploitative
- Respect
 - There to work together
 - Every community is different
- Learning
 - Community
 - Project
- Partnership
 - Co-Created
 - Co-Lead



A Call to Action





A Call to Action

Attawapiskat declares state of emergency over spate of suicide attempts

Chief Bruce Shisheesh desperate for mental health services after 11 attempts on Saturday night alone

Kate Rutherford · CBC News · Posted: Apr 09, 2016 8:17 PM ET | Last Updated: April 10, 2016



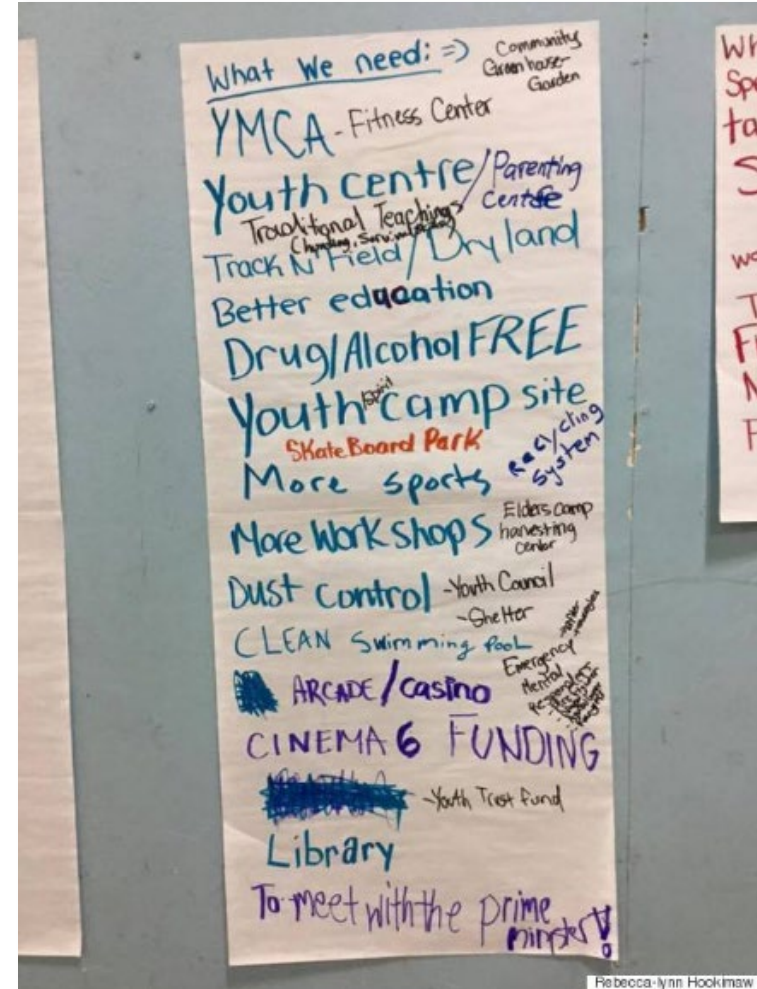
Among the 2,000 citizens of Attawapiskat on remote James Bay, 101 people have tried to kill themselves, with one person dying, since September, according to the First Nation's chief. (CBC)

The chief and council for the Attawapiskat First Nation on remote James Bay have declared a state of emergency, saying they're overwhelmed by the number of attempted suicides in the community.

On Saturday night alone, 11 people attempted to take their own lives, Chief Bruce Shisheesh said.

- Cree communities launched, funded own inquiry into 'suicide pandemic'
- Poverty, inequality fuelling suicide crisis, leader says

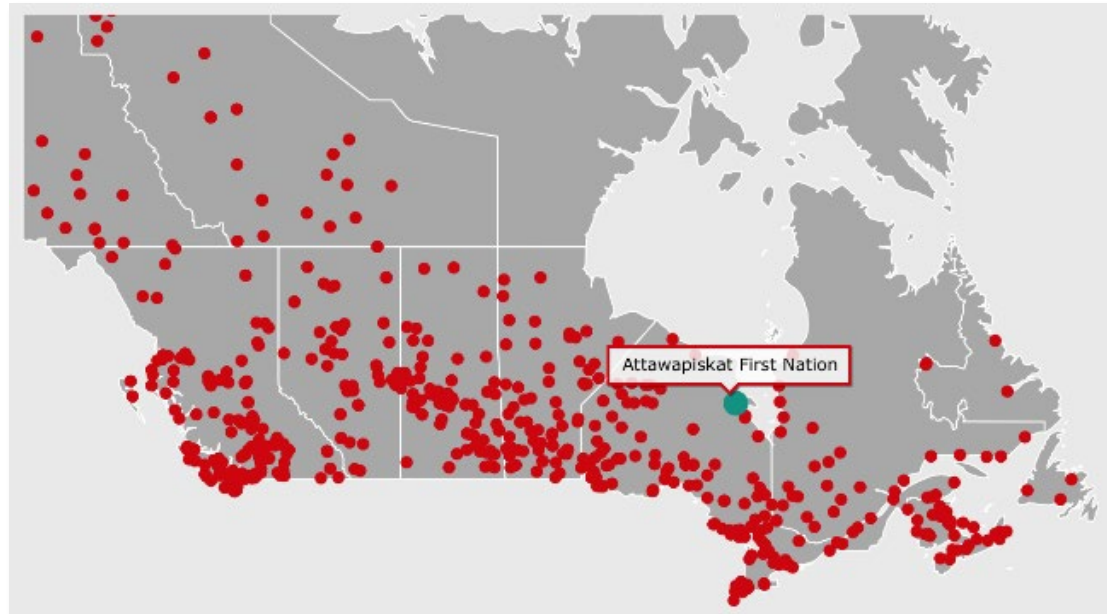
Shisheesh and the council met Saturday night and unanimously voted to declare the state of emergency. That compels such agencies as the Weeneebayko Health Authority in Moose Factory, Ont., and Health Canada to bring in additional resources.



Rebecca-lynn Hookman



A National Call to Action

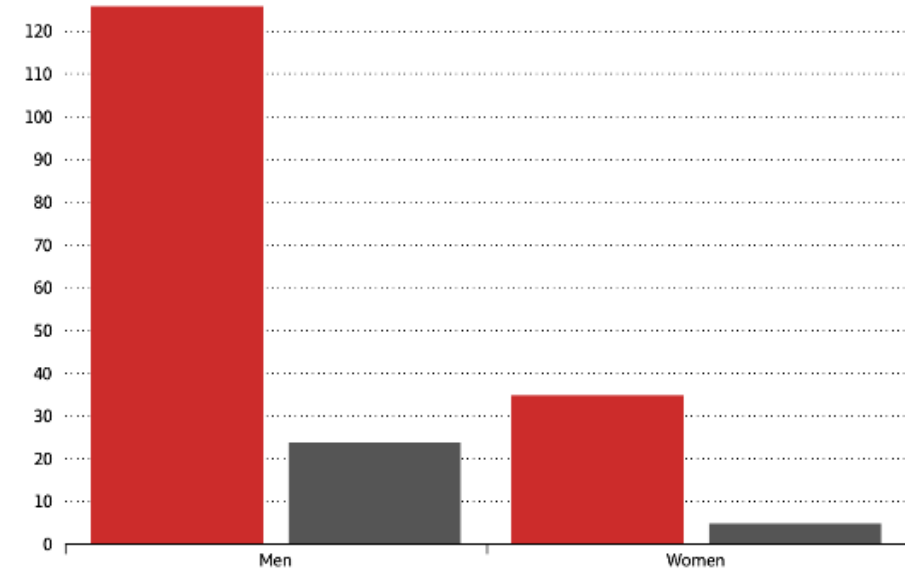


1. SUICIDE IS NOT JUST AN ATTAWAPISKAT PROBLEM

Suicide rates

● First Nations ● Non-aboriginal

130 (Per 100,000 population)



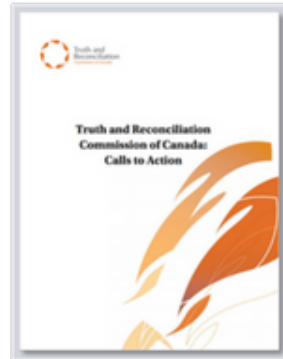
THE GLOBE AND MAIL » SOURCE: HEALTH CANADA

DATA SHARE



Canada's Journey

COLONIAL LEGACY



YMCAs IN CANADA DOING OUR PART



AS A COUNTRY, WE ARE TAKING STEPS



These 3 components of the Aazhogan Project work together to help us take steps forward on our journey to reconciliation:



LEARNING

Resources and training to support the education and development of our internal community in reconciliation efforts.



CREATION

Infrastructure to house YMCA Centres of Community with suitably-financed programs and services that reflect the needs of on-reserve communities.



GROWTH

Culturally relevant programs and services, both new and previously established, that fill local gaps and break down barriers to the inclusion of Indigenous Peoples and communities living off-reserve.



An Emergent Partnership

The partnership will leverage...



the community building, infrastructure, and program expertise of the YMCA.



COMMUNITY
FOUNDATIONS
OF CANADA
all for community

the impact investing and transformational philanthropic expertise of Community Foundations.

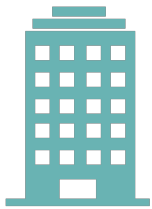


United Way
Centraide
Canada

the community-focused impact knowledge, partnerships, and philanthropic expertise of United Way Centraide.



Potential Financial Models: Key Assumptions



Facility

- 40,000 square feet



Capital Expenditures

- Construction, design & furniture
- Community Engagement & Staff Training
- Impact Investment 4% return



Operating Costs

- Salaries & Benefits
- Facility Upkeep, Administration, Communication & Program Costs
- Stewardship/Governance Body
- Annual 3% increase (inflation)



YMCA Community Hub



YMCA Floor Plan
Main Level



YMCA Floor Plan
2nd Level



Sample Programs and Activities



Drop-In & Recreation Leagues:

- Basketball
- Floor Hockey
- Pickle Ball
- Indoor Soccer
- Lacrosse
- Volleyball



Group Fitness Activities:

- Yoga
- Zumba
- Spin
- Pilates
- TRX



- Child & adult swim lessons
- Aquafit & Hydrotherapy
- Aquatic Certifications
- Family & lane open swim



Individual Fitness & Conditioning Floor:

- Cardio: ellipticals, spin & recumbent bikes, tread mills
- Strength Training
- Free Weights
- Stretching Area
- Personal Training



Drop-in afterschool and weekend space for youth:

- Billiards, ping pong, music, gaming
- YMCA Leader Corps



Health Programs, delivered in partnership with local health providers for Individuals with chronic health ailments including:

- Diabetes Care & Prevention
- Mental Health & Addictions
- Cardiac & Stroke Rehab
- Joint Care PreHab & Rehab
- Falls Prevention
- Cancer Support



- YMCA supervised care for children to support adult YMCA participation.

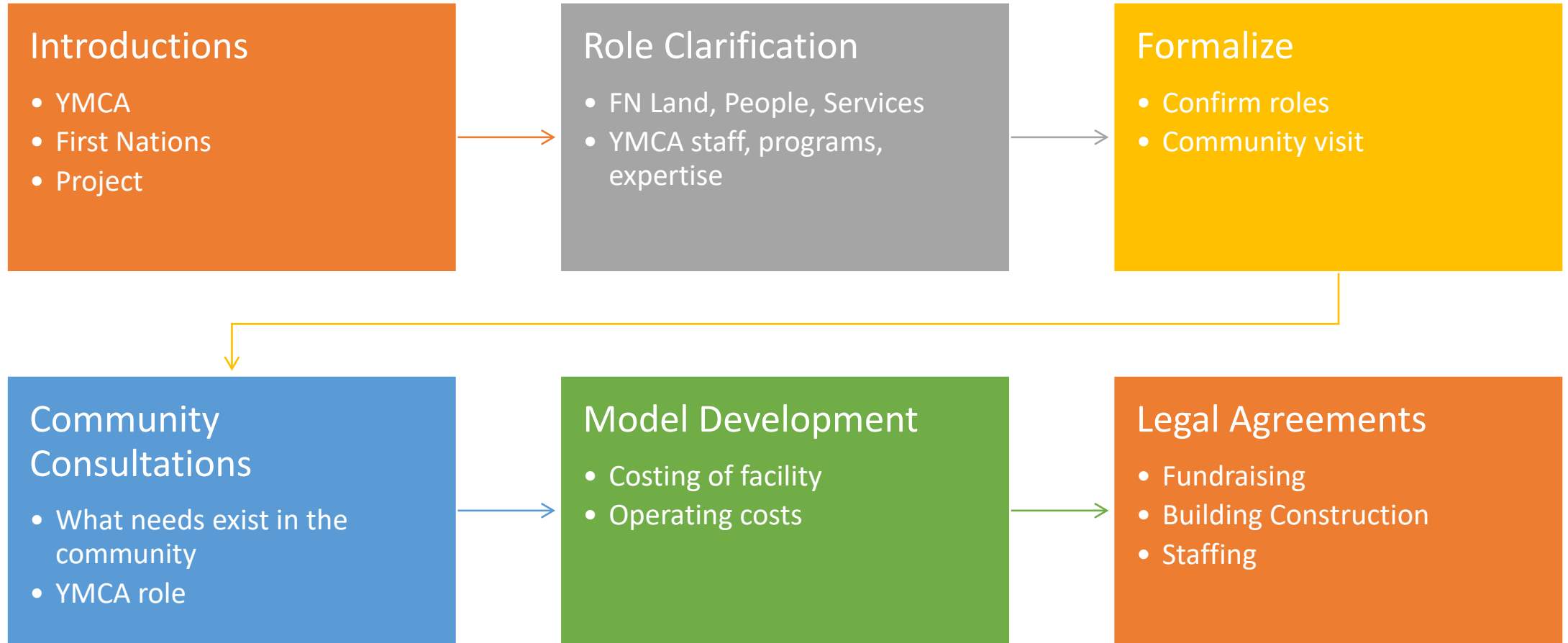


- Cooking Classes
- Nutrition Counselling
- Family Meal Preparation & Communal Meals
- Community Special Events



Aazhogan

- Active discussions in three communities
 - Initial outreach
 - First Nation
 - YMCA
 - Call with all parties
 - A visit to the community
 - Agree to move forward





Conclusion

- Patience
 - Lots of interest
- Be intentional in your approach
 - Values based
- What an amazing time
 - Reconciliation to Nation Building

Resources

- <https://native-land.ca>
- <https://www.kairosblanketexercise.org>
- <https://ofifc.org>
- <https://www.whose.land/en/>
- <https://afn.ca>
- <https://www.ualberta.ca/admissions-programs/online-courses/indigenous-canada/index.html>
- https://www.cbc.ca/firsthand/m_blog/8th-fire-wabs-walk-through-history

A serene sunset scene over a body of water. The sky is filled with soft, golden light, reflecting on the water's surface. In the middle ground, a group of people are silhouetted in a canoe on the water. To the right, the silhouettes of trees and a building are visible against the bright horizon. The overall mood is peaceful and reflective.

Miigwetch
Thank You!