



sport
nova scotia

Safe Sport in Nova
Scotia



Safe Sport - General

- “Safe Sport” is more than the absence of harm
- “Safe” Sport includes “inclusive, welcoming, diverse, accessible, fun...”
- <https://youtu.be/p8iPRJtyV5Y>
- “Safe Sport” is everyone’s responsibility

Athlete Advisory Committee

- Recognition that the athlete's voice is critical in safe sport discussions
- Athlete Safe Sport Summit – Spring 2021
- Following the Summit, Athlete Advisory Committee was created:
 - Educational resources
 - Podcast Series and other Initiatives
 - Ongoing Projects (e.g., policy discussions, restorative justice...)

Nova Scotia True Sport Athlete Ambassador Program

- Partnership between Sport Nova Scotia, the CCES and CSI Atlantic
- A values-based program which is a component of Sport Nova Scotia's commitment to Safe Sport
- Goal: increase awareness, understanding and engagement of True Sport as the approach to values-based sport
- Entering Year 3 in January 2024

A Restorative Approach to Sport

- Partnering with the Restorative Lab via a MITACS fellowship grant
- RJ has been in use in Nova Scotia since the 1990s in various contexts including some specific to sport
- Responsive (Complaints Driven) *and* Proactive Components (Culture Change)
- Trailblaze model which co-creates with the sport community a better way of responding when things go wrong and uses what is learned in moments of harm to prevent further harm
- Principled Approach