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# Identification of priorities for sport and physical activity research in Canada

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# Current challenge

- Rise in sport & PA research  $\neq$   $\uparrow$  participation
- Gap between sport & PA research and practice

Researchers need guidance from **knowledge users** to identify where to invest research resources



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# Objective

- To identify top research priorities of sport & PA knowledge users from various sectors in Canada.



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# Iterative process

## Step 1 Multi-stakeholder workshop

- Guided iterative discussions

## Step 2 Interim questionnaire

- Rating of potential priority topics

## Step 3 Final questionnaire

- Determine final priorities

68 potential priorities → 21 interim priorities → 8 top priorities



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## Top priorities for sport and PA research in Canada

1. Reducing financial barriers to sport & PA participation
2. Communications for optimal sport & PA promotion
3. Consequences of dropping out of sports & PA
4. Characteristics of best interventions for sport & PA participation
5. Promoting sport & PA participation in Indigenous populations
6. Sustaining volunteer engagement in sport & PA
7. Promoting safe, inclusive and quality experiences in sport & PA
8. Knowledge exchange between researchers and knowledge users



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# Conclusion

- Researchers seeking to engage in impactful sport & PA research should address the 8 high-ranking priorities identified.



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