



Inclusive Sport & Newcomer Children A Father's View



Parent View: Importance of Sport for Newcomer Children

- Expanding one's social network
- Improving health and wellness
- Integrating into Canadian society

Barriers and Challenges for Newcomer Parents

- Cost of transportation, filling out too many forms.
- Lack of information and lack of support from parent, children are unable to participate or excel at sport and related activity.
- The routine of the newcomers is very limited as they have many other things to do to adjust to the new lifestyle. As a result, the children don't get the proper attention for their sport.



Barriers and Challenges for Newcomer Parents



- The children also lose confidence because they do not speak the language. When coaches and trainers understandably don't understand the child; the child thinks their skill is not valuable. Even though he/she may have the physical fitness and skill, the child will not show it or feel shy.
- And in addition to that, they are not physically and mentally active due to some back home war related impacts. Not only this the sport experience is also different than back home.
- In Addition to that :
- *If I want to speak from an Eritrean perspective: we have cultural constraints in saying or expressing what we want or what we can do. This really affects the child and the parent to seek support.*

Knowing Children are Safe and Feel Welcome

- Newcomers from war-torn countries are typically resilient and possess many intrinsic strengths that they can draw upon as they transition to their new life in Canada, so, they need help to mentally and physically feel safe, one of the ways is through sport





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Recommendation

So, it is better if the sport is centered on the newcomer's perspectives and experience.