

# LGBT-PHOBIA IN SPORT



*Is it getting better?*

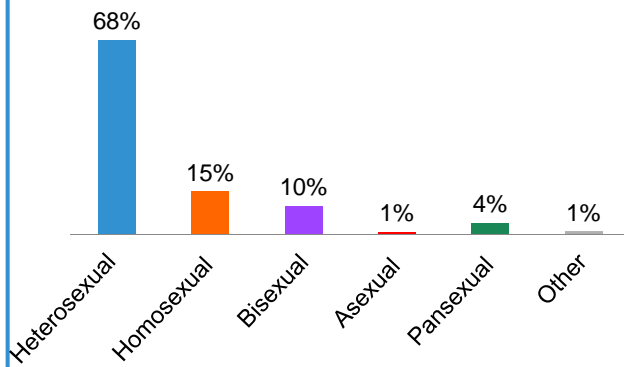
Guylaine Demers and Camille Michon, Université Laval

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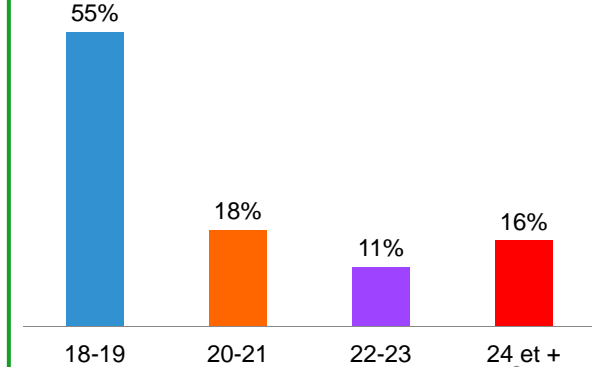
## Demographic Data

1008 respondents → ♀ 71,86% ♂ 27,94% ⚧ 0,20%

### Sexual Orientation

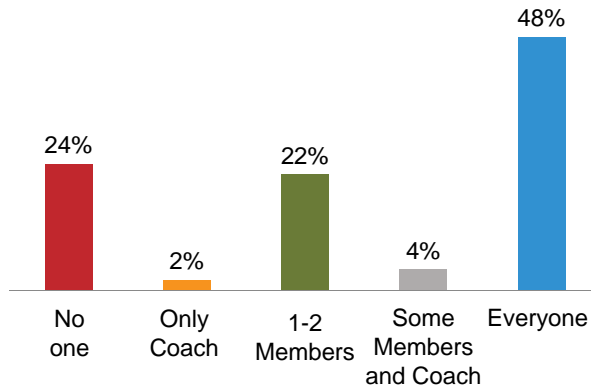


### Age

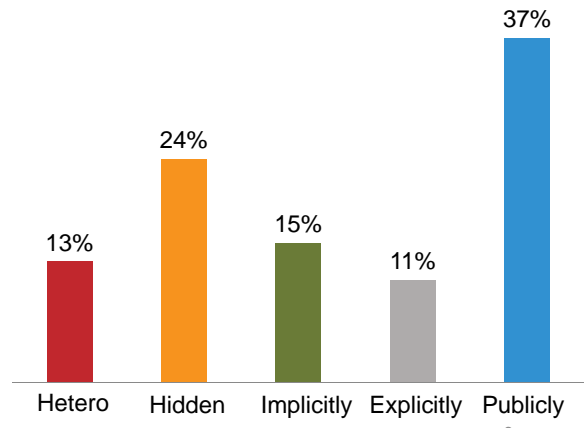


## Sexual Orientation Expression

Who knows my sexual orientation

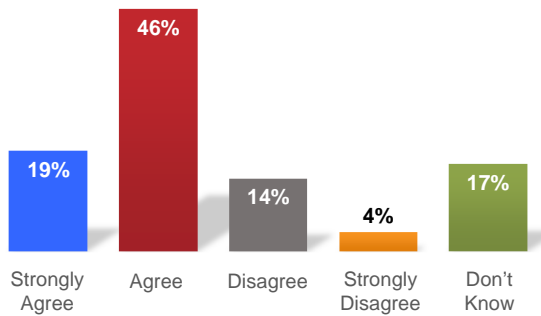


How I express my sexual orientation

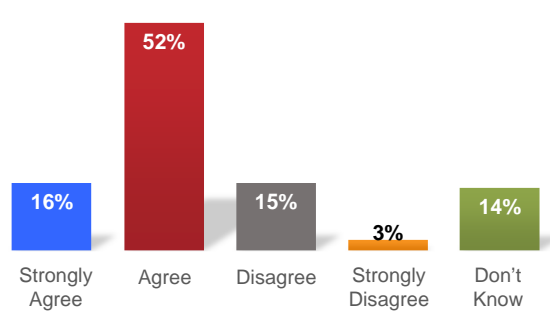


## Where LGBT-PHOBIA is more common

LGBT-phobia is most common in typically masculine sports than in typically feminine sports

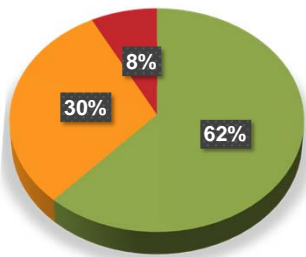


LGBT-phobia is more common in secondary school sports than at the college or university level



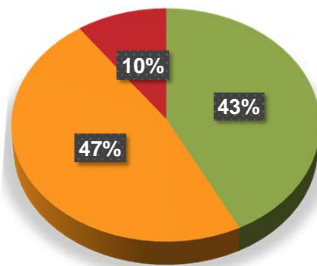
## Experiences with LGBT-PHOBIA

Heterosexual Athletes



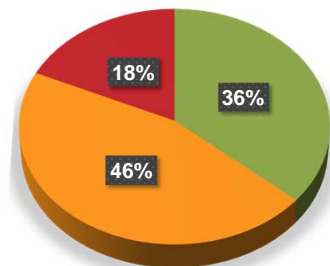
- Rarely
- Sometimes
- Often

LGB Athletes



- Rarely
- Sometimes
- Often

Transgender Athletes

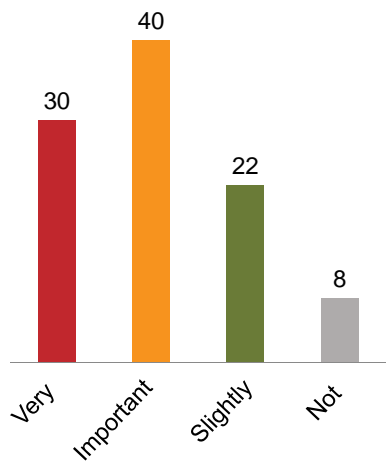


- Rarely
- Sometimes
- Often

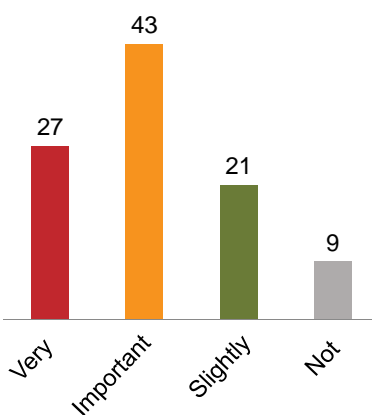
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## What Explains LGBT-PHOBIA

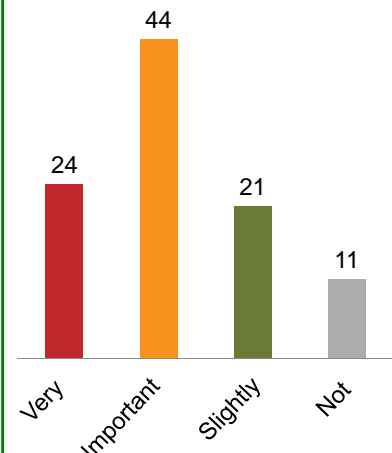
**Social Media**



**Teammates' Attitudes**

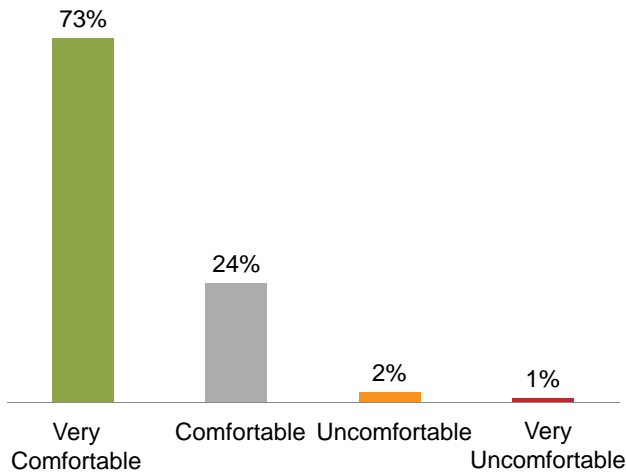


**Sport Played**



## Comfort Level With LGBT Athletes

### Heterosexual



### Situation that causes the most discomfort

Having to change and/or shower in the same dressing room

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## How to Make Sports More Inclusive

- School, coach and parent awareness needs to be raised very early for LGBT-phobia to be taken seriously in sporting environments.
- National sports organizations must adopt and promote clear anti-homophobia and LGBT-inclusion policies for all amateur and professional athletes.
- More heterosexual athletes have to publicly speak out and denounce LGBT-phobia in sports.

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# THANK YOU



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